

Madison events

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First Selectman's Corner

Madison is open for business

The downtown renovation project is going full speed ahead, and all the shops are open for business! Where else can you spend some enjoyable time shopping and kibitz at a live construction site at the same time? Construction on the new sidewalks, streetlights, power lines removal, tree openings, and the center median will be ongoing until November 15th, after which work will stop for the winter. The project will be completed in the spring.

Roadwork

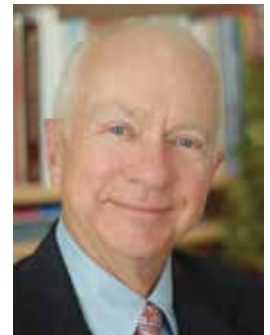
Starting in September, the state will be resurfacing Durham Road (Route 79) from just south of the Route 80 traffic circle all the way south to the Boston Post Road. Regarding Town owned roads, the reconstruction of Green Hill Road is progressing nicely. The work near the schools is substantially complete, along with resurfacing work on the eastern sections of the road. Full reconstruction or resurfacing over the rest of the Green Hill will continue to take place this fall. An additional six smaller roads are also undergoing full reconstruction.

Autumn Moonlight Hike

Each fall the Madison Land Conservation Trust, in collaboration with the Astronomical Society of New Haven and Madison Beach and Recreation Department, sponsors an Autumn Moonlight Hike to coincide with the harvest moon, the first full moon in October. This year's hike will take place Sunday, October 25, at 7pm at the Surf Club.

Halloween

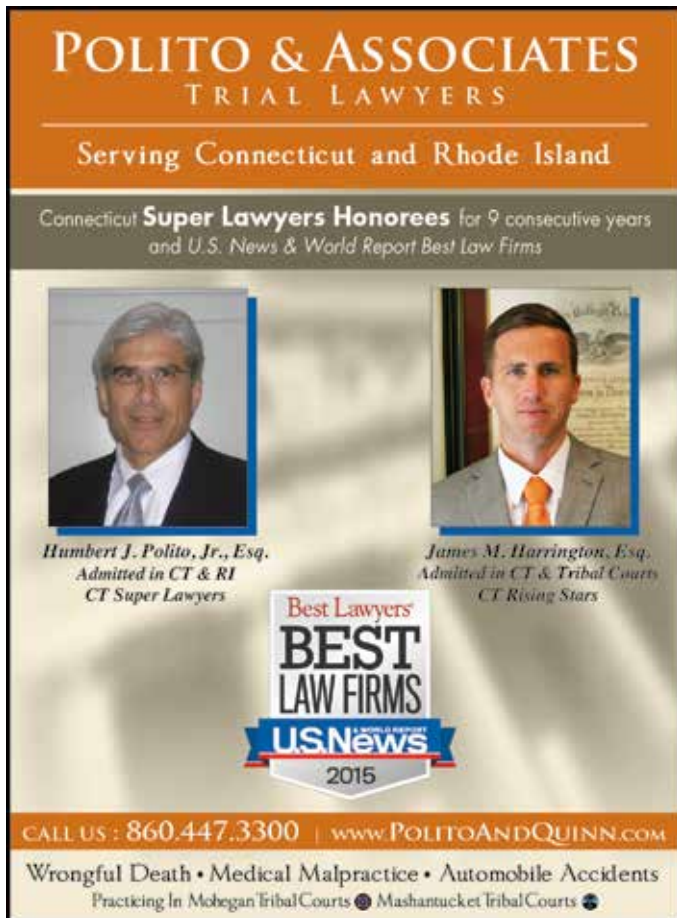
Madison will be graced with colorful creations during the upcoming Halloween season. Beginning Columbus Day weekend, an invasion of scarecrows provide decorative "straw men" for our enjoyment, sponsored by many businesses and organizations. On Halloween evening, the fourth annual Trunk or Treat will be held on the Madison Green. Park there with an open car trunk offering treats and you will be surrounded by ghouls, goblins, fairy princesses, and many other costumed trick-or-treaters! Stay tuned for exact details.



Election Day


The General Election will be held on Tuesday, November 3, to provide us an opportunity to choose town officials, from First Selectman to all other elected board members: Boards of Selectmen, Finance, Education, Assessment Appeals, and Zoning Appeals. My name will not be on the ballot, as I am retiring. It has been a pleasure to serve the wonderful people of Madison for the last six years. Be sure and vote in November, as every vote counts!

Filmore McPherson, First Selectman




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The Arts Barn

The School year has started and the calendar for The Barn is jam packed with amazing activities and events for the youth of the shoreline. For MORE INFORMATION on our events or to buy Admission online: www.madisonartsbarn.org or call 203-245-2689 or email themadisonartsbarn@gmail.com.

Starting off the season, September will have a 6th grade Dance on the 18th, 7-10pm. This will be the first dance of many for the 6th graders and will include music played by a DJ, open game tables, and the Mad Barn Café will be open and serving snacks and drinks and novelties. All combined will surely bring a night filled with friends, fun, and memories.

Also in September is a brand NEW event, the 5th Grade Back to School Bash!! On September 23th at 5pm the Madison Arts Barn doors will open for all of Madison's 5th grade students to come and enjoy many of the things we offer at The Barn and have a fun night out. There will be music, open game tables, activities, and the Mad Barn Café will be open with food, snacks, ice cream sundaes, and drinks for sale.



In October The Barn will be having a 7th and 8th grade dance for Polson Students which will have DJ music, open game tables, Open Mad-Barn Café, and so much more. Don't forget, Tickets are \$10 purchased online and \$15 at the Door.

Another NEW event at The Barn this year is the HALLOWEEN Family Dance Party!! This ALL AGES event invites families to come and enjoy a ghoulishly fun night of dancing, games, raffles, costume contest, creep snacks, food, and SO MUCH MORE!! Be sure to purchase your admission tickets online to reserve them now! You don't want to miss out! Costumes are optional.

There are many more dances, Winter Wipeout, Daddy Daughter Dance and a Fall production also on our calendar so go to our Facebook page and like us to get

the latest news and announcements: <https://www.facebook.com/TheMadisonArtsBarn> or Like us on Twitter @TheBarn8.

The Barn is run by Friends of Madison Youth at The Madison Arts Barn: 8 Campus Dr. Madison, Ct. 06443. 203-245-2689 www.madisonartsbarn.org.

"Experience the Difference" at The Saybrook at Haddam.

We've Traveled the World and are Still Enjoying Happy Moments Together.

Diane Daudt and her mother, Marie, both enjoyed careers as flight attendants, traveling the world over. "We've shared so many happy memories in the past and continue to enjoy happy moments together now. At Safe Harbor Memory Care Neighborhood in The Saybrook at Haddam, Mom is able to be involved, stay active, and even go bowling with her friends, says daughter Diane."

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Diane Daudt with her mom, resident Marie Daudt, looking at all the places they've flown to as flight attendants.



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Virtual Torch Run

Hosted by the Madison Police Department

With the assistance of Special Olympics Connecticut we are hosting the first ever Virtual Torch Run!

The Virtual Torch is an opportunity to challenge your friends and family, wherever they may be, to a race.

You sign up! You run or walk a 5K between October 1 and October 15th. You can run/walk wherever, whenever you want. You can even run/walk on a treadmill.

When you finish, upload your time and photographs to the Facebook page and Special Olympics will send you a medal (even if you do not upload your results, the medals will be mailed out on October 15th). It's that simple. Follow the link below to register.

<http://soct.convio.net/virtualtorchrun>

All proceeds benefit Special Olympics Connecticut.

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Scranton Memorial Library

- Thursday, Sept. 10th, 17th 24th and Oct. 3rd at 7pm : Special Education Series. Hear from three field experts and then join in a moderated panel discussion on various topics in Special Education.
 - Sunday, Sept. 27th at 2pm: Concert: Kenn Morr Band. Classic folk-rock inspired original tunes guaranteed to get your feet stomping.
 - Tuesday, Sept. 29th at 12pm: "How to Grow Your Business" a SCORE workshop, presented by retired executives who share their experience on this highly applicable talk.
 - Monday, October 5th at 7pm "Demonology and the occult during the Civil War" with historian Matthew Bartlett
 - Thursday 10/22/2015 and Thursday, 10/29 at 3pm: "Enhance Your Memory" presented by Jo Anne Harrison-Becker, MS
 - Thursday 10/22/2015 at 7pm: Opera appreciation lecture: 'La Traviata' w/Tom Lewy
 - Creative Writing for Teens: Wednesdays 3:45 to 5pm
 - Unshelved: Teen Book Discussion - first Tuesday of the month at 7pm
- 801 Boston Post Rd., Madison, CT 06443 (203)-245-7365
 Visit www.scrantonlibrary.org for more programs and to register.



Supporting Local & Regional Artists!

Part of the mission of the nonprofit Arts Center Killingworth, and Spectrum Art Gallery and Store of Centerbrook, is to provide opportunities for emerging and established artists to display and sell their work. New England is flourished with artists of all ages and expertise, and the Arts Center believes in order for inspiration and growth to continue to thrive, there must be avenues in which the community can be exposed to all of this creativity!

As such, Spectrum Gallery is thrilled to present its 2nd Annual Autumn Arts Exhibit running September 25 through November 8, presenting a mixed media show of local and regional fine artists and artisans also participating in the 11th Annual Outdoor Autumn Arts Festival (October 11-12 on the Madison Town Green). The festival, FREE to the public, includes live music and food vendors, in addition to 100 exhibitors. The Group Show includes representational and abstract painters, photographers, sculptors, potters, ceramicists, jewelry designers, and fine artisans working with glass, fabric, wood and more. An Open Reception is held Friday, September 25 at Spectrum Gallery, 6:30-9pm.

For information about Spectrum, call (860) 767-0742 and visit www.spectrumartgallery.org. For information about the Arts Center Killingworth, call (860) 663-5593 and visit www.artscenterkillingworth.org. Spectrum Gallery is open Wednesday-Saturday (11am-6pm) and Sunday (11am-5pm). The Gallery is an expansion of the non-profit arts organization Arts Center Killingworth, which offers classes, workshops, camps, and events for all ages.



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The New Café at the Madison Senior Center



We are pleased to announce Kevin Wolfe as our new Café Manager and Chef. Kevin is a wonderful addition to our Senior Center family and we look forward to watching him provide an array of beautifully prepared dishes daily for the seniors of Madison. Please visit our website at www.madisonct.org/seniors to view the menu.

To make a reservation at the Café, please:

- Call the Main Desk at (203) 245-5627 by 12 Noon the day before you plan to come for lunch. (If you want to attend on a Monday please call by noon the previous Friday.)
- There will now be a flat fee of \$4 for lunch. Meals can be purchased daily or you can get a 5-meal pass for \$20
- If you are a Madison resident and need transportation to and from the Senior Center, please give us a call and we will pick you up!

The Madison Senior Center is located at 29 Bradley Road.

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Help the Madison Conservation Commission



The Madison Conservation Commission has been charged by the Board of Selectmen with the development of an inventory of natural and other resources. Included in this inventory are historic/archaeological sites such as stone walls and Native American middens. In Madison, the land ethic did much to form the character and history of our Town. As a result, numerous archaeological and historic sites remain. In recognition of our debt to those who founded Madison, these should be located and identified.

Fortunately, scenic resources abound in Madison and greatly enhance our quality of

life. But these need to be noted in our inventory as a first step in preserving them for the future.

The completed inventory will consist of a series of GIS maps that show the location and type of resources in Town. In time, these maps will be available for all on Madison's town website. Collecting the information for this resource inventory will take much time and effort, and the Conservation Commission could really use help. So, we're reaching out to all who live here, or know Madison for information about scenic and archaeological/historic resources.

Please take time to think about things that might fit into these categories. Our surveys are located online at www.madisonct.org/conservation/surveys.html. This will give you access to both the scenic and archeological/historic surveys along with another for notable trees. Please feel free to utilize all options.

We look forward to receiving survey information from any and all. Your help is unique and important to us and to all who value aesthetic and cultural entities in our Town.

The Women's Club of Madison

As we continue to celebrate our 115th year we are starting off with a fun Whist Night.

Friday; October 30th at the American Legion Hall- 43 Bradley Road

6:30 - 10:00 pm

Tickets are \$10.00 per person purchased prior to the evening's event.

It will be a fun evening of card play! Whist is a classic card game of trick-taking hands of cards which are dealt to a table of four players. Following each hand of play, players from the table move to other seats playing other folks in the room and eventually return to the "home" table with chips. The winners have the highest tallies

of points in chips at the final hand. It is fast moving and is very easy to understand and follow. The rules are extremely simple and will be explained by the Caller throughout the evening. Refreshments of "Coffee-AND" will be served before the game starting at 6:30 pm. Doors open no earlier than 6:30 pm PLEASE! Card game begins at 7:15 pm. There will be a few raffle prizes to boost our earned monies for the community. For a fun spin on the evening to those who wish to wear a costume, the best dressed voted by the attendees will win a prize! For tickets call Kathy DeBurra @ 203-245-2269. You won't believe how much fun this game can be!

*Free Annual Outdoor
Autumn Arts Festival!*

MADISON TOWN GREEN

SATURDAY October 10 (9:30-5pm)
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Rain Date **MONDAY, October 12 (10am-5pm)**

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Dr. Peter Shriver, Ophthalmologist
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Beach & Recreation After/ Before School Program

Welcome to the Town of Madison Beach & Recreation Department After/Before School Program. The program follows the school calendar and is held at and for the students at Ryerson, Jeffrey, Island Avenue and Brown Schools. We hire both adults and teenagers to make it more comfortable for the children and to enable us to have several activities going on at the same time. We have snacks for the children each day and serve breakfast in the morning.

We stress recreation and socialization as we believe this is the time of day for the children to have fun and get rid of all the stored up energy. Our main concern is the child and that they feel safe and comfortable and our main objective is to provide a safe enjoyable program and environment for your child. If a child wants to do their homework, we will make the time and area available for them.

Children in grades kindergarten through sixth grade may be a part of the program. You can enroll on either a regular or drop-in basis depending on your needs. You pay monthly according to your schedule. **Before School** – Jeffrey, Ryerson, Island Avenue-7:00 -8:45. **After School** – Jeffrey, Ryerson, Island Avenue-3:25-6:00 pm, Brown School-2:50-6:00 pm. If you would like more information call 203-245-5624. Download registration forms at www.madisonct.org/beach_rec

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Beach & Recreation Department News

Please visit us online at www.madisonct.org/Beach_Rec to see a complete listing of our program offerings. Participants can now register for programs & pay by credit card on-line. Any questions as you go along, please call and we'll help guide you through it. (203) 245-5623 M-F 8:30am to 4pm.

Bauer Harvest Festival

Saturday, October 17, 2015 – 11am-3pm

Special events scheduled include Pony rides, Hay rides, Old Fashioned games, a special visitor – Atka – an Arctic Gray Wolf, music by the Dudley Farm String Band, Food, cider pressing, and more. Free family event. Bauer Park is located at 257 Copse Road, Madison.

Volunteers are still needed for this year's Harvest Festival. Planning meetings are being held throughout the year. If you are interested in becoming involved please contact Carrie Gazda, Recreation Supervisor at 203-245-5623 or by email gazdag@madisonct.org.

Holiday Tree Lighting

Sunday, December 6, 2015 – 5:30pm

Join us at Memorial Hall to help us light the tree and sing some carols. Troop 490 will also be providing hot chocolate and helping us light our candles for the candle lighting ceremony. We want all to enjoy the Tree Lighting Ceremony but ask parents not to let their children go up on stage. The winners of the Tree Lighting Contest should be the only children up on stage at this event. Thank you in advance for your cooperation!

Tree Lighting Contest:

Our second Annual Tree Lighting Contest is on. Draw a picture of what the holidays mean to you and submit the photo with a caption. Three children will be chosen out of the entries, to help Santa and our very own First Selectman, light the tree on the Town Green. Ages will vary from young to old.

Tree Lighting Contest Rules:

Entries should include the following:

1. Child must be a Madison resident.
2. Child must be able to write and draw and understand what they are being asked to do. In other words, they need to be able to do this on their own. Parents should not help.
3. Child must have the holiday spirit.
4. Child must be able to go up on stage and state their name.
5. Artwork MUST be done by the child, regardless of age. Entries will be disqualified if not done by child. Ages up to 13 will be accepted.
6. Child must have a Caption or Title for their Artwork on top of Page.
7. All entries must include name, age, valid email address, address and phone.
8. Forms can be picked up (starting November 1, 2015) in the Recreation Office or downloaded from our website www.madisonct.org/Beach_Rec
9. All entries must be turned in to the Madison Beach and Recreation Office by 4:00pm on November 27, 2015.

Preparing for a Hurricane

Hurricane readiness should begin long before the event occurs. If you live in a hurricane-prone area, you can prepare far in advance for the possible dangers to health and safety resulting from a hurricane by learning about your community's emergency plans, warning signals, evacuation routes, and locations of emergency shelters.

- Identify potential home hazards that could develop during a hurricane, such as those involving gas, electricity, chemicals, and structural damage
- Install a smoke detector
- Buy a fire extinguisher and make sure your family knows where to find it and how to use it
- Conduct an evacuation drill for at least two ways out of your home
- Provide escape ladders for multi-story structures
- Establish an assembly point where the family meets in the event of fire or if a disaster occurs when the family is not together at home
- Give your relatives and friends the name of a contact person who will know where you are and how you are doing
- Know the location of your important papers, such as insurance policies, wills, licenses, stocks, etc.
- Instruct family members about how to shut off the gas, water, and electric mains
- Post emergency phone numbers at every phone; inform local authorities about any special needs, i.e., elderly or bedridden

- people, or anyone with a disability
- Properly dispose of all chemicals, pesticides, and solvents not being used
- You should stock your home with supplies that may be needed during the emergency period. *These supplies should include:* Several clean containers for water, large enough for a 3-5 day supply of water (about five gallons for each person)
- A 3-5 day supply of non-perishable food
- A first aid kit and manual
- A battery-powered radio, flashlights, and extra batteries
- Sleeping bags or extra blankets
- A large supply of non-breakable spoons, forks, knives, cups, plates, etc.
- Water-purifying supplies, such as chlorine or iodine tablets or unscented, ordinary household chlorine bleach
- Prescription medicines and special medical needs
- Baby food and/or prepared formula, diapers, and other baby supplies
- Disposable cleaning cloths, such as "baby wipes" for the whole family to use in case bathing facilities are not available
- A portable toilet, and toilet paper; personal hygiene supplies, such as soap, toothpaste, sanitary napkins, etc.
- Alternate heat and cooking sources, such as a kerosene heater and a camp stove - use these only in well-ventilated areas

continued on page 12...



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Preparing for a Hurricane

continued from page 11...

- Shovels and hand tools
- Candles and matches
- A mop, bucket, and towels
- One or more rolls of plastic sheeting, a staple gun with staples, and duct tape
- Plastic trash bags and ties
- An emergency kit for your car with food, flares, booster cables, maps, tools, a first aid kit, fire extinguisher, sleeping bags, etc.
- A citizens band radio or a cellular phone, if possible
- Extra cash
- Pet food
- Insect repellent
- Rubber boots/rubber gloves

During the Storm

To get through the storm in the safest possible manner:

- Monitor the radio or television for weather conditions, if possible
- Stay indoors until the authorities declare the storm is over
- Do not go outside, even if the weather appears to have calmed -- the calm "eye" of the storm can pass quickly, leaving you outside when strong winds resume
- Expect the loss of electricity, gas, and water
- Stay away from all windows and exterior doors, seeking shelter

in a bathroom or basement. Bathtubs can provide some shelter if you cover yourself with plywood or other materials

- Prepare to evacuate to a shelter or to a neighbor's home if your home is damaged, or if you are instructed to do so by emergency personnel
- If you should lose electrical power, eat perishable food first.

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State Reports Positive Mosquitoes for West Nile Virus

The State Mosquito Management Program today announced that mosquitoes trapped in Waterford on July 20, 2015 have tested positive for West Nile virus (WNV). These results represent the first positive mosquitoes identified in the state by the Connecticut Agricultural Experiment Station (CAES) this year. Connecticut residents are reminded to protect themselves from mosquito bites and mosquito-borne diseases.

“The first West Nile virus mosquitoes of the season have been identified,” said Dr. Philip Armstrong, Medical Entomologist at the CAES. “Early to mid-July is when we typically start to see an increase in infected mosquitoes, and this is a reminder for people to take steps to protect themselves from mosquito bites now through September.”

To reduce the risk of being bitten by mosquitoes residents should:

- Minimize time spent outdoors between dusk and dawn when mosquitoes are most active.
- Be sure door and window screens are tight fitting and in good repair.
- Wear shoes, socks, long pants, and a long-sleeved shirt when outdoors for long periods, or when mosquitoes are most active. Clothing should be light colored and made of tightly woven materials that keep mosquitoes away from the skin.
- Use mosquito netting when sleeping outdoors or in an unscreened structure and to protect small babies when outdoors.
- Consider the use of mosquito repellent, according to directions, when it is necessary to be outdoors.

West Nile virus activity varies each year and is difficult to predict. In 2014, WNV-

positive mosquitoes were trapped in 15 municipalities; the first were trapped in East Haven on July 16. In addition, last year six Connecticut residents were identified with WNV infections from both Fairfield and New Haven counties.

Monitoring and risk assessment for WNV emphasizes mosquito trapping and testing results. The CAES maintains a network of 91 mosquito-trapping stations in 72 municipalities throughout the state. Mosquito traps are set Monday – Thursday nights at each site every ten days on a rotating basis. Mosquitoes are grouped (pooled) for testing according to species, collection site, and date. Each pool is tested for the presence of viruses of public health importance. Positive findings are reported to local health departments and on the CAES website at www.ct.gov/caes.

For more information and resources please visit www.ct.gov/dph.

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Madison Health Department Drinking Water Tips; Well Water

Most wells in Madison are drilled wells; i.e. holes bored into the underlying bedrock. Generally, these wells produce water of very good quality. The presence of bacteria is rare in such wells and is a potential cause for concern. Other chemical constituents are found at various concentrations, reflecting background ground-water quality. Iron and manganese are very often found in ground water in Madison at concentrations that are aesthetically objectionable. There are treatment systems that can correct most water-quality problems found in local ground water. In no case should the backwash from any such treatment system discharge to the septic system, because this can add unnecessary amounts of water to the system.

It is important to remember that any well-water analysis represents the quality of the well water only at the time the sample was collected. Periodic tests of well-water quality are not required by the Health Department once a Certificate of Occupancy is issued for the home, and responsibility for the well is then entirely in the hands of the homeowner. Factors affecting the quality of the ground water in an area can change, and therefore, the potential for changes in the ground water quality also exists. For these reasons, the Madison Health Department suggests retesting the well water every few years.

There are numerous chemical compounds that can be found in well water, such as heavy metals, fuel components, industrial solvents, pesticides, radon, etc. With the exception of lead and radon, these other more exotic compounds are rarely found in wells in Madison. Homeowners must be very careful in their use and disposal of chemicals and products that contain toxics. Remember that what you dispose of into your septic system or spray on your lawn ultimately reaches the ground water, which feeds your well and nearby streams or other water bodies. Lead can be leached from interior plumbing, particularly if the well water is acidic, although modern plumbing solder is lead-free.

The website of the American Groundwater Trust at www.agwt.org contains a great deal of good information on wells and water quality.



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The Natural Beauty Of Native Plants

“Natural Beauty is something that comes from the heart and lasts into eternity”. – anonymous

Sometimes it is hard to appreciate natural beauty until it is gone. Humanity has always been obsessed with the idea that cosmetics, jewelry, clothes, and material things can make us more attractive. We think like this with our landscaping as well. Exotic plants and pristine lawns have been a symbol of wealth and prestige throughout history. While all of these things are indeed beautiful and should be appreciated, too much focus can cause us to lose our balance. Natural beauty comes from within. Spirituality helps us to see our inner beauty- just as being spiritually connected to nature allows us to appreciate its' natural beauty. Though we may appreciate the natural environment, we need to take it a step further. We need to understand how our landscaping choices effect our environment, and take action in restoring the balance of our ecosystems.

One thing we can do is to understand

why it is important to plant native plants. Plants are the only thing on the planet that can harvest the sun's energy to make their own food through photosynthesis. Plants are the base of our entire food chain. The reason native plants are so important to our food chain is because as our ecosystem evolved; native insects and wildlife have evolved to feed specifically on native plants. When native plants are overgrown by aggressive nonnatives, biodiversity breaks down and ecosystems collapse. An example of this can be seen with the many pollinating insects that depend on native plants for food. Without them these pollinators cannot survive. Humans directly depend on these insects to pollinate our food crops, without them our food sources would be extremely impacted.

Another benefit to choosing a native plant is that it is adapted to grow in its' local region so it requires less water, pesticides and fertilizer. Also by choosing native plants we eliminate the possibility of planting invasives. Some natives can be

aggressive growers but because they are native (and support the local ecosystem) they are not considered invasive. And in the same vein, not all nonnatives are invasive. There are many well behaved exotics, nonnatives, and cultivated varieties of plants to choose from when designing your landscapes. By choosing more natives and well behaved nonnatives a well-balanced landscape can be achieved. If you can resist all the incredible cultivars, it's all the better to go totally native. That can be hard because there are so many wonderful nonnative cultivars to choose from but part of the lesson to be learned here is that we need to appreciate the natural beauty of our native plants.

Some beautiful fall foliage native shrubs to consider planting are, Fothergilla, Viburnum, Itea, Oakleaf hydrangea, Vaccinium. For more information on how you can sustain wildlife with Native plants read *Bringing Nature Home* by Doug Tallamy.

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In 2014 Essex Printing received the highest award from PIA the "International Bennie Award". Winners are considered "The Best of the Best" in the printing industry.

Bill McMinn from Essex Printing and Gary Parrington from Lyme Art Association are shown in photo with Lyme Art Association "Incredible India Invitation". The invitation was recognized by PINE and awarded the 2015 Pinnacle Award for its exceptional use of design, print and use of paper to create a bright and lively invite. The Pinnacle Award is given to the most outstanding entry in its category. Given the high standard the entries must be flawless to win.



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Wines of Spain

Spain produces great quality wines in many different styles. They grow up to 600 different varieties in this region, however most vineyards only plant about 20 or so. We will highlight the most popular varieties that will make shopping for a Spanish wine an easy and pleasant experience.

Spain is well known for its lovely white wine varieties. One of the most popular and widely known varieties in Spain is Albariño. It is a dry crisp white that perfectly complements any seafood dish, salad and light hors d'oeuvre. Another widely known grape is Verdejo which is a softer style white with a dry, round finish that complements grilled chicken and other slightly richer dishes. Viura, also known as Macabeo is one of the key grapes in Cava, which is the most popular sparkling wine in Spain.

There are many red grapes grown in Spain, of which the most sought after are Tempranillo, Garnacha and Monastrell. Tempranillo is a very versatile grape, and most notably grown in Rioja, although it is grown all over the country. This variety seems to really take on the soil make-up,

and can be made into a completely different tasting wine depending on the region where it is grown. In Rioja for example, Tempranillo is blended with other varieties and tends to be bold and full flavored with a dry finish, while in other regions it can be light and less dry. Garnacha is a more fruit-driven wine that has a little spice to it, which pairs beautifully with barbecue and grilled meats. Monastrell, also known as Mourvedre, is a full, fruit forward wine with great balance and a softer finish. This wine can accompany almost any dish and is a wonderful crowd pleaser.

These are just a few examples of the amazing varieties grown in Spain. Whether you need a white for seafood, a robust full flavored red for a hearty steak, or a great sparkling Cava for a celebration, head over to the Spanish section and explore the amazing selections they have to offer!

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- Scholarship Awards, including DHHS Youth of the Month and Year
- The Food Pantry
- CT Child Abuse Prevention Program
- Student Excel Clubs

CT Shoreline Culinary Arts Night

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How to Get Noticed

By the time we reach our 40's many of us find ourselves applying more than one product to get the desired results that used to come for free when we were in our 20's. In order to get the best results from your anti-aging products, they should be applied in a specific order.

Cleansing is an important first step. You should be using a cleanser that is specifically designed for your face and not any old thing that you have in the shower. Some cleansers that contain ingredients like glycolic and salicylic acids might be too harsh for over 40 skin. If you use a good facial cleanser, you should not need a toner. And when it comes to drying, please put down the hand towel. Reach for a tissue and pat your skin dry.

By the age of 40 all women should incorporate a serum into their daily routine. Moisturizing is essential for hydration, but a serum can help repair damage. My personal favorites are serums that contain growth factors. You should wait for a few minutes for your serums to

dry before applying a moisturizer. So use that time to do something - brush your teeth, dry your hair. Just something so you won't notice the time. If you're new to layering products, it will make your new routine much easier.

Your next step is a sunscreen. This is the most important step and is often neglected. You should be in the habit of wearing a separate sunscreen every day, not only in the summer months. Many women seek out moisturizers that have an SPF and think that they have adequate protection from harmful UV rays. While this is a good first line of defense, it is not enough protection. You should be using a separate sunscreen that contains either Zinc or Titanium Dioxide for maximum protection.

Aging is a complex process and one product or procedure rarely gives the desired result. Most skin rejuvenation plans include more than one topical treatment and tightening or volumizing procedures to enhance the results. Start making a plan now! Call for a free consultation.

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The Madison Art Society

The Madison Art Society will host an artist demonstration this fall. It is open to the public and will be held on the second floor of Memorial Hall on the Green at 6:30 pm.

October 1 David Shultz - Charcoal Drawing

Several wonderful opportunities to view and purchase art are planned throughout town. Please stop by and appreciate the work your local artists are creating.

Friends and Co. - August 25 - October 25, selected member's works

Bauer Farm Festival - October 17, 10-4, works featuring the Farm by members of the MAS plein air painters

Board of Directors Exhibit - Scranton Memorial library, October 4-30. Reception October 8, 5-7

Elected Artists Small works Holiday show - People's Bank, November 2 - January 4, 2016 Small gems perfect for holiday giving

The Madison Art Society is a non-profit committed to promoting the arts along the shoreline.

The society has 250 members creating works in all mediums and genres. For more information on upcoming events visit:

madisonartsociety.blogspot.com



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Madison Land Trust & Bauer Park Fall Hikes

Creatures of the night

Saturday, September 5 at 8:30 p.m.,
Bauer Park

Take an evening field walk with John Himmelman, author of *Night-Singing Insects of the Northeast* and many other natural history books. Come look (and listen) for katydids, coneheads, tree crickets and other night-singing insects. Learn how to identify them by their calls and get some up-close looks at these



Search for katydids & other night-singing insect. Painting by Mike DiGiorgio, illustrator of *Night-Singing Insects of the NE*.

cryptic insects. A UV light will also be set up to attract moths. Bring a flashlight, and meet in the parking lot by the Bauer farmhouse at 257 Copse Road. A limited number of books will be available to purchase after the hike.

International Coastal Cleanup

Saturday, September 19
(Rain date: Sunday, 9/20)

10:00 am - 12:00 pm, Surf Club

Join the world's largest cleanup event by participating in the 30th Annual International Coastal Cleanup at the Surf Club. Each year thousands of volunteers from around the world take part in this international effort to document coastal debris and promote a cleaner environment. This annual event makes our beaches cleaner and removes potential deadly hazards to marine life.

Along with picking up trash, we will record the types and quantities of debris removed. The Ocean Conservancy and Save the Sound will use this data to better understand what types of materials are polluting our beaches.

Biodegradable trash bags, gloves, data cards, pencils and educational information will be provided. After the beach has been cleaned, we'll pull a seine net through

the water to collect and learn about some of the marine life that we helped to protect. For all ages. Children must be accompanied by an adult. Beach Captain: Julie Ainsworth

Fall Hike

Sunday, October 18 at 1:00 p.m.,
Indian Rock Shelters Trail

Join MLCT President Mike Maloney for an autumn walk on his favorite trail. The hike will offer opportunities to see interesting natural and historical phenomena. The trail encompasses a complex watershed system, with waters to the north flowing into the Hammonasset River and to the south forming the headwaters of the Neck River. Explore the natural rock shelters which were once used by members of the Hammonasset tribe. Be prepared for possible wet spots along the trail. Dogs are welcome, but must be on a leash. Meet at the trailhead on Lake Drive. (From Summer Hill Road north of Route 80, take the second left onto Twilight Drive, then turn left onto Lake Drive. Park at the cul-de-sac.)

Autumn Moonlight Walk

Sunday, October 25 at 6:45 p.m., Surf Club
Bring a flashlight and join us for an evening stroll on the Garvan Trail at the Surf Club. As always, a bagpiper will lead the way. After the walk, refreshments will be served and members of the Astronomical Society of New Haven will set up telescopes for viewing the moon, planets and stars in the night-time sky. Meet outside the Surf Club building.

Visit www.madisonct.org/beach_rec or the Madison Beach & Recreation office to read about and register for Fall classes at Bauer Park. Outdoor exploration for all ages!

Educational programs can also be arranged for school, scout and community groups at Bauer Park, Rockland Preserve and the town beaches.

Questions? Call 203-245-5623.

Find Madison Land Trust trail maps at www.madisonlandtrust.org. See event updates at www.facebook.com/madisonlandtrust and www.facebook.com/bauerparkmadisonct.

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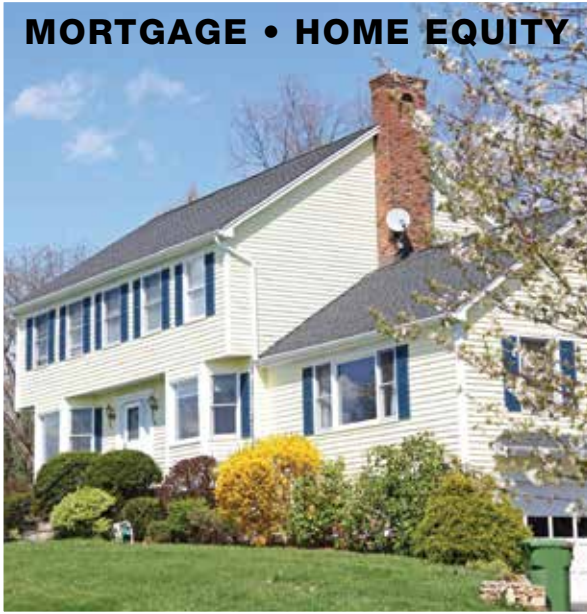


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